

**I. Purpose**

This document is for patient self-scheduling lab appointments at Lakeshore, Parnassus, Mission Bay and Mount Zion. Tables below list the common outpatient lab collect orders with time or location specific restrictions. Please contact clinical laboratory at (415) 353-1667 for guidance.

**II. Tests Not Collected By Blood Draw Lab:**

- COVID19 PCR Testing – If you are experiencing COVID19 related symptoms, call your provider for guidance.
- Body Fluid/ CSF/Sputum Testing
- Any swabs

**III. Time Sensitive Test List**

Test Name	Time Restrictions
Breath Test for H. Pylori	Special draw with specific fasting requirement
Cortisol	A morning sample is recommended
Fasting Tests i.e. Glucose or Cholesterol	Fasting required
Glucose Tolerance Testing (1, 2, or 3 Hours)	Fasting and multiple draws required. Refer to UCSF lab manual for restricted draw times: <a href="#">UCSF Lab Manual Link</a>
Growth Hormone	Special draw and fasting required
Insulin	An overnight fast is required
Lymphocyte Mitogen or Antigen Stimulation	Only done Monday thru Thursday before Noon
Lymphocyte T-Cell Subsets, Naive and Memory	Only done Monday thru Thursday, or Friday before 11am
Natural Killer Cells, Functional	Only done Monday thru Thursdays before Noon
Transplant Donor ID Screen + NAT	On Friday or Holiday, must be collected before 10am

**IV. Site Specific Test List**

Test Name	Location Restrictions
4K	Mission Bay Only
Cell Free DNA	Mission Bay Only
Allosure or AllHeart	Parnassus Only – Must be collected before 1 pm

**V. Pre-approval or Special Handling Required Test List**

- Cincinnati and Wisconsin Blood Bank Samples – Special Handling Required
- Genetics Testing – Forms required
- Neutrophil Oxidative Index – Appointment with immunology lab is required
- Obstetric Trimester Screen – Forms Required
- Platelet Aggregation – Appointment with hematology lab is required
- Platelet Function Testing - Appointment with Hematology lab is required
- Trimester Screens: First and Second – Completed form required at all sites

**VI. Lakeshore Location – List of Test Not Collected at This Location**

- Adrenocorticotrophic Hormone
- Angiotensin Converting Enzyme
- Aldosterone
- Antidiuretic Hormone
- Ammonia
- Bordetella Pertusis Antibody (Requires special Processing)
- Calcium Ionized
- Cold Agglutinin
- Complement Total
- Cryoglobulin
- Dihydrotestosterone
- Glucose Tolerance Test (2Hr, 3Hr, Non-Preg)
- Homocysteine
- H.Pylori Urea Breath Test Kit
- Lactic Acid
- Metanephrines, Free, Fractionated Plasma
- Protein S Activity
- Semen Analysis
- Serotonin (Requires Special Kit & special Process)
- Sterols (Requires Special Kit & special Processing)
- 24 Hour Urine **Collections that require preservatives:**
  - UCAF - Free Catecholamines, Fractionated